

## MEDICAL QUESTIONS

[jeffersonhealthcare.org](http://jeffersonhealthcare.org) | Jefferson Healthcare

Pregnancy Line | 360.344.1000

Women's Clinic | 360.344.0403

834 Sheridan, Port Townsend, WA 98368

Family planning, gynecological and obstetric services

Sheridan Clinic | 360.379.8031

915 Sheridan, Port Townsend, WA 98368

Board-certified family medicine MDs provide family planning, prenatal and obstetric care

Townsend Clinic | 360.385.5388

934 Sheridan, Port Townsend, WA 98368

Board-certified family medicine MD provides family planning, prenatal and obstetric care

Family Birth Center | 360.385.2200 ext. 3600

834 Sheridan, Port Townsend, WA 98368

Designated as a Baby-Friendly hospital; tours and childbirth classes available for free

[seattlechildrens.org](http://seattlechildrens.org) | Seattle Children's Hospital

Resource Line 206.987.2500 or 866.987.2500

Pediatric nurses provide information on child health

## LOCAL PREGNANCY & NEWBORN PROGRAMS

[jeffersoncountypublichealth.org](http://jeffersoncountypublichealth.org)

Jefferson County Public Health | 360.385.9400

615 Sheridan, Port Townsend, WA 98368

Family Planning

Maternity Support Services (MSS)

Nurse-Family Partnerships (NFP)

Women, Infant, & Children (WIC) nutrition support

## ADDITIONAL RESOURCES

[dovehousejc.org](http://dovehousejc.org) | Dove House Advocacy Services

360.385.5291 | 1045 10th, Port Townsend, WA 98368

Free & confidential help for domestic violence, emergency shelter, crime victims, legal advocacy, housing assistance, therapy and counseling

[dcyf.wa.gov/safety/safety-newborn-law](http://dcyf.wa.gov/safety/safety-newborn-law)

Safe Surrender | Toll free crisis line: 877.440.2229

Jefferson Healthcare Emergency Room

834 Sheridan, Port Townsend, WA 98368

Within 72 hours of an infant's birth, you can leave an infant at any hospital without fear of prosecution. An emergency department of a hospital is the safest drop-off location.

## MEDICAL INSURANCE AND FINANCIAL ASSISTANCE

### [dshs.wa.gov/food-cash-medical](https://dshs.wa.gov/food-cash-medical)

WA State Department of Social & Health Services  
Community Services Office (CSO) #16

877.501.2233 | TTY 1.800.833.6384

Family Health Hotline 800.322.2588

2507 Evans Vista, Port Townsend, WA 98368

Apple Health for kids & adults; alien emergency  
medical, pregnancy medical program

### [jeffersonhealthcare.org](https://jeffersonhealthcare.org) | Jefferson Healthcare

Financial Counselors | 360.385.2200 x2267

Charity care program and payment plans

## BREASTFEEDING SUPPORT

### [multicare.org/virtualbreastfeedingsupport](https://multicare.org/virtualbreastfeedingsupport)

Multicare | Schedule a video visit: 253.403.1681

Monday – Friday, 8:00 am to 4:30 pm

Board-certified ARNP lactation consultants; interpreters  
available; covered by most insurance plans

### [jeffersoncountypublichealth.org](https://jeffersoncountypublichealth.org)

Jefferson County Public Health | 360.385.9424

“Mom’s Tea” gathering Wednesday 11:00 am to noon;  
call for meeting details; local moms connect with a  
lactation consultant and each other; free

### [illwa.org/groups/la-leche-league-port-townsend/](https://illwa.org/groups/la-leche-league-port-townsend/)

La Leche League of Port Townsend | 360.862.5434

Experienced mothers who have breastfed their own  
babies, trained & accredited by La Leche League and  
available by phone

## PARENTING SUPPORT AND RESOURCES

### [parenthelp123.org](https://parenthelp123.org) | Help Me Grow

### [withinreachwa.org](https://withinreachwa.org) | Within Reach of WA

Toll free in Washington: 800.322.2588

Un servicio gratuito para niños hasta los 5 años  
de edad que ofrece evaluaciones del desarrollo,  
actividades, recursos comunitarios, referencias para el  
desarrollo del niño.

Free service for kids up to age 5 that offers  
developmental screening, activities, community  
resources, child development referrals

### [parenttrust.org](https://parenttrust.org) | Parent Trust Family Help Line

Toll free in Washington: 800.932.HOPE (4673)

Parent coaching and referrals to services and support

### [perinatalsupport.org](https://perinatalsupport.org) | The Warm Line

Support line (se habla español): 888.404.7763

For pregnant or new parents, or their loved ones  
needing support and information about mental health