

CPAP, BiPAP and ASV Users | Join this open forum to get the most from your PAP therapy.

WHEN 1st Thursday of the month, 11:00 am – 12 noon
PLACE Jefferson Healthcare, Puget Rm., 834 Sheridan St., Port Townsend
CONTACT Sleep Medicine, 360.379.2249

Diabetes Support | A monthly meeting with a variety of topics and speakers.

WHEN 3rd Tuesday of the month, 12:00 noon – 1:30 pm
PLACE Avemere, 1201 Hancock Road, Port Townsend
CONTACT Jennifer Newell, 360.385.2200 ext. 1240

Parkinson's Support | For those with Parkinson's disease and their caregivers.

WHEN 4th Thursday of the month, 3:00 pm – 4:30 pm
PLACE Jefferson Healthcare, Dirksen Rm., 834 Sheridan St., Port Townsend
CONTACT Lorena Bess, MSW, 360.385.2200 ext. 2042

Better Breather's Support | Providing information, discussion and inspiration.

WHEN 3rd Monday of the month, 2pm – 3pm
PLACE Jefferson Healthcare, Pulmonary Rehab Office, 834 Sheridan St., Port Townsend
CONTACT Hilary Metzger, RN, 360.385.2200 ext. 1220

Grief Support | Facilitated support for those experiencing grief due to the loss of a loved one.

WHEN 1st & 3rd Wednesday, 6 pm- 7:30pm. 2nd & 4th Wednesday of the month, 3pm – 4:30pm,
5th Wednesday in May, July and October 3pm - 4:30pm
PLACE Jefferson Healthcare, Home Health Conference Room 2500 Sims Way, Port Townsend
CONTACT Carolyn Cristina Manzoni, MA 360 385 2200 ext. 4615

Breast Cancer Support | Support for patients with current or past breast cancer diagnosis.

WHEN Tuesdays, 5:15 pm - 7 pm
PLACE Jefferson Healthcare, Oncology Clinic, 3rd Fl
CONTACT Tess Taft, LICSW, 360.385.2200 ext. 2040

Cancer Support | Support for patients with advanced cancer diagnosis.

WHEN 1st & 3rd Thursdays, 12:30 pm - 2 pm
PLACE Jefferson Healthcare, Garden Row Cafe Meeting Room
CONTACT Tess Taft, LICSW, 360.385.2200 ext. 2040

Cancer Caregivers Support | Support for caregivers who need to be there for the ones they love.

WHEN 1st & 3rd Thursdays, 2 pm - 3:30 pm
PLACE Jefferson Healthcare, Garden Row Cafe Meeting Room
CONTACT Tess Taft, LICSW, 360.385.2200 ext. 2040