

CPAP, BiPAP and ASV Users | Join this open forum to get the most from your PAP therapy.

WHEN 1st Thursday of the month, 11:00 am – 12 noon
PLACE Jefferson Healthcare, Puget Rm., 834 Sheridan St., Port Townsend
CONTACT Sleep Medicine, 360.379.2249

Diabetes Support | A monthly meeting with a variety of topics and speakers.

WHEN 2nd Monday of the month, 12:00 noon – 1:30 pm
PLACE Seaport Landing, 1201 Hancock Road, Port Townsend
CONTACT Jennifer Newell, 360.385.2200 ext. 1240

Parkinson's Support | For those with Parkinson's disease and their caregivers.

WHEN 4th Thursday of the month, 3:00 pm – 4:30 pm
PLACE Jefferson Healthcare, Dirksen Rm., 834 Sheridan St., Port Townsend
CONTACT Lorena Bess, MSW, 360.385.2200 ext 2042

Better Breather's Support | Providing information, discussion and inspiration.

WHEN 3rd Monday of the month, 2pm – 3pm
PLACE Jefferson Healthcare, Pulmonary Rehab Office, 834 Sheridan St., Port Townsend
CONTACT Hilary Metzger, RN, 360.385.2200 ext 1220

Grief Support | Facilitated support for those experiencing grief due to the loss of a loved one.

WHEN 1st & 3rd Wednesday, 6 pm- 7:30pm. 2nd & 4th Wednesday of the month, 3pm – 4:30pm, 5th Wednesday in August and October 3pm - 4:30pm
PLACE Jefferson Healthcare, Home Health Conference Room 2500 Sims Way, Port Townsend
CONTACT Carolyn Cristina Manzoni, MA 360 385 2200 ext 4615

Cancer Support | Support for patients living with cancer.

WHEN Call for dates and times.
PLACE Jefferson Healthcare, Oncology Clinic, 3rd Fl. and Remax Building, Conference Room 3rd Fl.
CONTACT Oncology Social Worker, 360.385.2200 ext. 2040